

# Upstream With a Paddle: Staying Strong in Changing Currents

Community Health Nurses of Alberta [CHNAlbarta]



## KEYNOTE SPEAKER AND WORKSHOP FACILITATOR



**Claire Betker,**  
RN, MN, PHD(C),  
CCHN(C)

Claire began her career in rural Manitoba in a single-nurse public health office working with several rural communities. Over the next three decades, she worked in Public Health, Home Health and Primary Health Care at a local, regional, provincial and national levels. Most recently, Claire was the Senior Knowledge Translation Specialist with the National Collaborating Centre for Determinants of Health, with a focus on public health leadership to address the social determinants of health and advance health equity. As part of the Skills Enhancement team with the Public Health Agency of Canada, Claire led the consultation for the development of the Core Competencies for Public Health in Canada.

Claire is a Certified Community Health Nurse. She is a past President of the Community Health Nurses of Canada, and has served as a member of the Board of Directors of the Canadian Nurses Association. Claire is a PhD candidate in the College of Nursing at the University of Saskatchewan with a focus on public health leadership, equity and social justice.

## CELEBRITY GUESTS

**Genevieve Currie, Associate Professor, Mount Royal University,** has over 30 years of experience within nursing practice as a public health nurse, nurse manager, and nursing educator. She is currently the CHNAlbarta representative on the Board of the Community Health Nurses of Canada, as well as the Vice President, National of CHNAlbarta.

**Heather Smith, President, United Nurses of Alberta,** represents more than 30,000 nurses throughout Alberta. She is an active supporter of groups dedicated to advocating for the protection and enhancement of universal public health care in Canada and in Alberta.

**Ardene Vollman, Chair, Canadian Public Health Association and Scientific Director, emerging Primary Health Care Strategic Clinical Network of Alberta,** has an extensive background in leadership positions in public health practice and nursing education. She is also the well known author of an academic text used throughout Canada, entitled "Canadian Community Health as Partner: Theory & Multidisciplinary Practice".

**Rosemary McGinnis, Nursing Practice Specialist, Integrated Home Care,** has specialized experience as a nursing educator working with home care nurses throughout the Calgary Zone. She also holds the position of Vice President, Provincial with CHNAlbarta and has been a longtime advocate for home care nursing at the local and provincial levels.

**Collette Benbow, Community Health Nurse, Alberta Health Services,** is an experienced registered nurse who practices as a generalist in public health practice. Her focus within the rural context provides a broad base of experience that is a distinct advantage and unique contribution in her work as a board member of CHNAlbarta.

**This Provincial Workshop is for** Community Health Nurses from all settings outside the walls of acute care hospitals, including such areas as Public Health, Home Health/Care, Primary Care Networks, Workplaces, Schools, Streets, Places of Worship, and Clinics, and **features:**

- Nationally and provincially celebrated speakers.
- Keynote, celebrity panel, small group exercises, discussions, and networking conversations.
- Door prizes and awards.
- Silent auction.
- "Reuse, Repurpose, Recycle" events, including a book exchange.

## FINANCIAL SUPPORT

Did you know that financial support could be available to you?

- ARNET provides reimbursement for CARNA members investing in their own nursing education. <http://arnet.ca/apply/>
- Alberta Health Services recognizes the importance of employee professional development for providing the best patient care. AHS employees can access more information at AHS Insite <https://my.albertahealthservices.ca/> <http://insite.albertahealthservices.ca/2237.asp>

## WORKSHOP FEE

CHNAlbarta Member	\$ 100
Non-Member	\$ 150
Student	\$ 50

Want to join CHNAlbarta? **\$145** for 2015 membership and workshop registration.

Please see our website for more information about the workshop program, registration and accommodation.

## May 1-2, 2015

Provincial Workshop  
Holiday Inn Red Deer South

Friday, May 1, 2015  
6 pm - 10 pm  
Saturday, May 2, 2015  
8 am - 4 pm

Celebrating our **10th anniversary**, CHNAlbarta, is dedicated to recognizing Community Health Nurses within Alberta for their unique contributions to the health and well being of all Albertans. We are all leaders; join us to explore and share leadership strategies.

### Learning Objectives

- To explore current and emerging leadership trends and issues.
- To critically reflect on your personal leadership philosophy.
- To identify opportunities to enhance your leadership competencies.
- To identify strategies (knowledge, skills, attitudes) to address leadership challenges.
- To develop networking opportunities with CHN colleagues.

Register online at <http://www.chnalberta.ca/events>  
Payments can be made by credit card or through PayPal. PayPal will issue an official receipt.



**CHNAlbarta.ca**  
COMMUNITY HEALTH NURSES OF ALBERTA

**ONLINE REGISTRATION and INFORMATION** <http://www.chnalberta.ca/events>